

PROGRAMME



Indian Society of Nephrology
North Zone

NZ-ISNCON 2024

CHANDIGARH



Hotel Radisson Red,
Sector 66, Chandigarh, Mohali.



23-25 February,
2024

I LOVE
CHANDIGARH



Conference Secretariat
Dr. Raja Ramachandran, Secretary ISN-NZ
E-mail: isnnorthzone@gmail.com312



NZ-ISONCON-2024

29th Annual Conference of The
Indian Society of Nephrology North Zone

23rd-25th February 2024, Radisson RED Chandigarh Mohali

Programme for NZ-ISONCON 2024

23rd February 2024



Time	Topic	Speakers	Chairpersons
4:30-5:30 PM	Interesting case presentation 1. An intriguing case of liver injury post-transplant 2. White urine and proteinuria? A spot diagnosis 3. TB Masquerador in renal transplant recipient. 4. An intriguing case of multiple levels stenosis of vascular access	Dr Humam Siddiqui Dr Sahil Kharbanda Dr Tarun Kumar Dr Hemanth Kumar	Dr Jasmine Sethi Dr Raka Kaushal Dr Abhilash
5:30-6:15 PM	Resident Debate: Nephrology is the best among all medical specialities	Dr Vignesh Subramani Dr Nikhil Ingale	Prof Narayan Prasad Dr Sanjay Vikrant Dr SK Bali Dr Pallavi Prasad Dr Sumita Bhogal
6:15-7:00 PM	Interesting case presentation 1. Unraveling the enigma: A rare case presentation in a young female 2. A case of early graft dysfunction 3. A case of post renal transplant UTI 4. An unexpected culprit mimicking ANCA Vasculitis relapse	Dr Urvashi Khan Dr Prabhav Bhansaly Dr Ankur Chaudhary Dr Yashendu Sarda	Dr Rajiv Bhatia Dr Ajit Narula Dr KN Singh Dr Gagandeep Chhabra Dr Jasmine Sethi
7:00-7:30 PM	Radiology in post - transplant setting - case demonstration (mainly CT and MRI)	Dr Ujjwal Gors	Dr Samita Divyaveer Dr Manish Sharma Dr Vidyanand Jha Dr Manish Singla Dr Jayant Hota Dr Himanshu Mahapatra
8:00PM onwards	Inauguration followed by dinner		



NZ-ISONCON-2024

24th February 2024



Time	Topic	Speakers	Chairpersons
8:15-8:30 AM	Welcome by the Organising Chairman	-	-
8:30-9:00 AM	<p>The 68-year-old gentleman presents a complex medical history, including Type 2 DM, Diabetic Retinopathy, Coronary Artery Disease, recurrent UTIs, and SMPN. His renal function declined progressively over the years, leading to the initiation of haemodialysis (HD) via a tunnelled cuffed catheter followed by arteriovenous fistula (AVF) creation. The patient experienced flow issues in the AVF, necessitating balloon angioplasty with a current Qb of 250-275 ml/min. Current laboratory results show a haemoglobin of 8.6 g/dL, urea of 189 mg/dL, and creatinine of 11.21 mg/dL. His calcium and phosphorus levels were 8.2/7.2 mg/dl, with PTH being 1028 pg/ml. Recently, he developed autonomic neuropathy with orthostatic hypotension.</p> <p>Discussion: The patient is keen on HDF on learning from the internet. How will you decide on renal replacement therapy given the patient's preferences, medical condition, dialysis modality haemodialysis/hemodiafiltration), hemodynamic stability, vascular access and overall quality of life?</p>	<p>Dr Dinesh Khullar Dr Sanjiv Jasuja Dr Manu Dogra Dr Raka Kaushal Dr Swaranjeet Kaur Resident Representative (Dr Anurag Pattnaik)</p>	None
9:00-9:45 AM	<p>CKD and anaemia- use of HIF- PHI Desidustat is used to manage anaemia inpatients with CKD. The session will be on evidence sharing, and a panel discussion will revolve around its use in challenging situations.</p>	<p>Dr Raja Ramachandran Dr Dharmender Bhaduria Dr Ajay Goyal Dr Saurabh Nayak Dr Abhishek Singh Dr Anna Gupta Resident Representative (Dr Niranjana)</p>	None



NZ-ISNCON-2024

24th February 2024



9:45-10:30 AM	Use of Denosumab in osteoporosis prevention in GN receiving corticosteroids. There will be a discussion on the evidence and how to use and withdraw it. An expert will give a brief lecture (10-15 min), followed by a panel discussion.	Dr Sanjay Badada Dr Arun Prabhakar Dr Vishal Saxena Dr Arun Kumar Dr Jitendra Kumar Dr Manish Jain Dr Vaishnavi V	
10:30-10:45AM	Tea		
10:45-11:45 AM	Free papers -from various centres - by residents		Dr Umesh Sharma Dr Arun Kumar Dr Sanjay D Cruz Dr Anurag Gupta Dr Kuldeep Kumar Dr NP Aggarwal Dr Neha Garg
11:45-12:00 Noon	Artificial Intelligence Driven Transformation in Health and medicine: Case Examples, Opportunities and Challenges.	Dr Sundararaman Swaminathan	Dr V Sakhuja Dr K L Gupta Dr PP Varma Dr NP Singh
12:00-12:30 PM	KK Malhotra oration	Dr Sandeep Mahajan	Dr Manoj Singhal Dr Raja Ramachandran Dr Manish Rathie Dr Sreenivas
12:30-1:15PM	Lunch symposium: Routine use of induction therapy in kidney transplantation. After the publication in the IJN on the induction agent (ATG) in patients with normal risk, we will have experience sharing plus a panel discussion on the+ and-of such an approach.	Dr Anil Bhalla Dr Shyam Bansal Dr Sunil Prakash Dr Amit Sharma Dr Soumita Bagchi Resident Representative (Dr Sahil Garg)	None
1:15-1:30PM	Break	-	-
1:30-2:00PM	Oration-Presidential	Dr Manoj Singhal	Dr Bhowmik Dr Jai Prakash Dr Ashraf
2:00-2:30PM	A 65 - year-old male with ESKD on maintenance haemodialysis for last 7 years,has chronicuremic symptoms. He learnt about super high flux dialyser (ELISIO-HX) from literature search and what discussion will you have with him-probable questions and its answers.	Dr HS Kohli Dr Vijay Kher Dr Shriram Kabra Dr Amit Mann Dr Mohit Khirbat Dr Pooja Barak	



NZ-ISONCON-2024

24th February 2024



2:30-3:00PM	<p>A 27- year- old gentleman (with IgA nephropathy) presents with microscopic hematuria and proteinuria of 1.7 g/day despite three months of Telmisartan. The patient continues to have normal kidney functions.</p> <p>What will you discuss with the patient evidence regarding using Budesonide, short term and medium term? Also, to discuss the Indian evidence.</p>	<p>Prof Vivekanand Jha Dr Vinay Malhotra Dr Sanjeev Gulati Dr Soumita Bagchi Dr Reetesh Sharma Dr Vijay Sinha Resident Representative (SGPGI)</p>	<p>Dr Pardeep Kumar Dr Vikas Chandel Dr Punit Arora</p>
3:00-3:15PM	Break		
3:15-3:45PM	<p>40 y/o male with ESRD because of unknown aetiology, with wife as a donor. Workup is complete with CDC and Flow Negative, No Sensitization and SAB class I and II negative. Epitope analysis by HLA Match maker shows a mismatch at Class I of 20, Class II of 45, and 65.</p> <p>Discussion Look for an alternate donor! How would you manage the immuno suppression differently</p>	<p>Dr Ajay Kher Dr Namrata Rao Dr Lekha Rani Dr Muzafar Wani Dr Uma Kanga Resident Representative (Dr Yogita Sharma)</p>	None
3:45-4:15PM	<p>A 56- year-old gentleman presented with new onset of painful abdominal distension on a background of alcoholic and Hepatitis C liver cirrhosis. The patient was left unattended for 2 - 3 days and he developed decrease in urine output. The clinical discussion will revolve around the causes of AKI in patient with chronic decompensated liver disease, what are the mitigation strategies to prevent AKI- role of albumin and terlipressin.</p>	<p>Dr Sunil Taneja Dr Chandani Bhagat Dr Tarun Mittal Dr Smita Divyaveer Dr Indranil Ghosh Resident Representative (Dr Tarun)</p>	None
4:15-5:00PM	Make your diagnosis - Will present three challenging cases and discussion around their diagnosis	<p>Dr Jasmine Sethi Dr Sahil Bagai Dr Kulwant Singh</p>	
5:00-5:30PM	Shingrix vaccination in immuno suppressed and CKD	<p>Dr RK Sharma</p>	<p><u>Chairperson</u> Dr Ghulam Hasan Dr Sanjay Mittal Dr Ajay Marwaha Dr Raghuvendra Singh</p>



NZ-ISONCON-2024

24th February 2024



Time	Topic	Speakers	Chairpersons
5:30-6.15 PM	Linagliptin in the management of Diabetic CKD, the CARMELINA Randomized Trial demonstrated CV and microalbuminuria benefits in patients receiving Linagliptin. The session will have an introductory lecture by an expert followed by a panel discussion on Linagliptin and other DPP4 therapies in DM management in CKD patients.	Dr Anil Bhansali	Dr Vijay Kher Dr Vivek Kumar Dr Charanjeet Lal Dr Ashu Rastogi Dr Alok Jain
6:30 PM	GBM		
7:30 PM	Dinner		

Date & Time	Poster Viewing	Dr Govind Narayanan
10.30-11.00 AM (24th Feb 2024)		



NZ-ISONCON-2024

25th February 2024



Time	Topic	Speakers	Chairpersons
8:00-8:45AM	Breakfast symposium - Iron therapy in CKD and ESKD. The discussion will focus on using iron therapy-existing evidence, hepcidin and newer iron formulations.	Dr (Gen) PP Varma Dr V Sakhuja Dr Ashwani Gupta Dr Urmila Anandh Dr Piyush Mathur Resident Representative (Dr Kanchan)	
8:45-9:30AM	A 41 -year-old gentleman with a 2 –3-week history of severe back pain and shortness of breath. MRI/PET: Extensive lytic lesions and bony destruction. Bone Marrow: Almost completely replaced by plasma cells. Creatinine 7, Ca ²⁺ 14, UA 12, K 6. M- spike 0.5gm/dL, IgG Lambda. LFLC > upper limit/L: not calculable. Discussion: Kidney Biopsy Yes, or No? Plasma Exchange Yes, or No? How do we risk stratify this patient? What are the treatment options? Can he undergo a kidney	Dr LK Jha Dr Anupama Kaul Dr Esha Kaul Dr Simran Kaur Dr Ritika Bansal Dr Anish Bahl Resident Representative (Dr Priyanka)	
9:30-10:15 AM	A 65-year-old female comes with a four-week history of nasal crusting and a two-week history of fever and was found to have elevated serum creatinine of 6.5 mg/ dl. Urinalysis showed 10-12 RBCs/HPF, Albumin 2+, 24 hrs urine protein 1250 mg/ 24 hrs and kidney biopsy showed PIGN and crescentic GN. <i>Case-based discussion on ANCA vasculitis- PLEX or not PLEX and induction therapy</i>	Dr Aman Sharma Dr Alok Kumar Dr Mahendra Narayan Singh Dr Vikas Makkar Dr Munish Chauhan Dr Medhavi Gautam Resident Representative (Dr Rohan Arya)	
10:15-10:45 AM	Tea		
10:45-11:30 AM	Newer calcium channel blockers (Sponsored symposium)	Dr Vijay Kher	Dr Abdul Rashid Reshi Dr Shivendra Singh
11:30-12:30 PM	Debate: Has the corporatisation of health care destroyed its very essence	For Dr Sanjiv Saxena Against Dr Ranjit Nair	Dr Vijay Kher Dr HS Kohli Dr SC Tiwari
12:30-1:00 PM	Chlorthalidone in the management of Hypertension in CKD	Dr Ashok Sarin	Dr Timothy R Dr Debarata Mukherjee Dr Jasmine Das Dr Navdeep Khaira
1:00-1:30 PM	Valedictory function and Lunch		
Date & Time		Jasper Hall (Hall-B)-Quiz	
09:00-10:00 AM (25th Feb 2024)		Dr Jasmine Sethi Dr Arun	

